**Welcome Club – Offering Help**

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|  Materials |
| Leader of the Blindfolded | Chalk, blindfold, cones, blue tape, bat, ball, bucket |
| Skit | Pizza, coin |

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| Objective |
| **S**tudents **w**ill **b**e **a**ble **t**o **explain how offering help contributes to equity.** |

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| Welcome Students – *10 minutes* |
| *\*Boys and girls will check-in at separate classrooms.*1. **1 Coach** instructs students to line up outside and takes attendance. Be prepared to add new students to the roster. Ask the new student their ***first name, last name, grade* and *teacher’s name*** (if they do not know their teacher’s name that’s ok but the first 3 are a must).
2. **Remaining Coaches** unstack **chairs** and prep **group tables**. We will be **passing out snacks as students walk in**, direct them to their table, etc. Once snacks have been passed out, please put remaining snacks away for the day. *(“Extra” snacks tend to be a distraction to students when left out and available.)*

 Prompt Questions: Use the questions below to start conversation. What does it mean to help someone? Do you ever help your friends?  Are there different kinds of help? How have you helped someone this week?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Welcome: Lead Coach****1st** “Welcome to Welcome Club! Today we have a really fun day planned for you! Who remembers what we learned last week? (Listening, and maybe repeat the definition of Equity) Who remembers what Equity means? (See definition above). **Today we are going to talk about how to offer help Who remembers what Equity means? Yes! Equity means “Everyone gets what they need to be successful.”** Sometimes people need help to get what they need. What are some ways that we can offer help to other people? Yes, you can be a part of making Equity by helping others. **2nd** Now we are going to go outside and play a game but first we need to go over our **Welcome Club Agreements!**  (Use ***“***Four Squares of Treatment” to go over how we treat each other, etc. and transition into next section) **3rd** It is time to clean up our snack! First table with clean desks and quiet arms get to go outside first! Materials: name tags, sign in sheet, pens |

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| Activity: Leader of the Blindfolded– *15 minutes* |
| Students will direct their blind folded partner though cones and challenges. **\*This activity helps students to identify different ways to be supportive though different obstacles.\*****Megan will explain to everyone.**Students are put into partners. 1 student is blindfolded while the other student guides the blindfolded student through a series of obstacles**1 coach will be leading each of the stations bellow. Coaches not leading a station will be partnered with a student or each other.**1. Dizzy bat- After a student is blindfolded, they spin around a bat 3 times.
2. Cone maze- blindfolded Student needs to walk through the cones with the direction of their partner.
3. Kick the socker ball- Students need to kick the ball into the net.
4. Agility ladder- student is handed 3 flat cones. With the direction of their partner they need to place the cones in every other square of the ladder.

**\*\*WORDS LEADERS SHOULD REMEBER! \*\*** **Words in Dari and Pashto*** **Left-chap**
* **Right-rost**

Materials: yard sticks, cones, net, soccer ball, blindfolds |

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| Activity: Offering Help Group Discussion– 15 *minutes* |
| **Pizza skit- 3 “students” are getting pizza from the lunch lady. 1 student doesn’t have money for lunch.** Student 1 approaches and gives the lunch lady a coin. ***\*\*student 3 begins to look sad\*\****Lunch lady: *Here you go!*Student 1: *Thank you!*Student 2 *approaches and gives lunch lady a coin.* ***\*\*student 3 hangs head\*\****Lunch lady: *Here you go.*Student 2: *Thank you!* ***Student 2 sits down with students 1 and 3.***Student 1: *Megan, Are you going to get lunch?*Student 3: (*sadly*) *No, I am okay. I can’t eat lunch today.**Student1: Why can’t you eat lunch?**Student3: I don’t think the pizza is halal and I don’t have a coin.*Student 2: *It is Halal. I asked Mr. (Parwez).*Student 3: *Really? (excitedly) I am Kinda hungry.*Student 1: *I have an extra coin. You can have it.*Student 3: *Really? Are you sure?*Student 2: *Yes! I know what it is like to not have money for lunch. You are my friend and I care about you.****Student 3 gives lunch lady the coin.***Lunch lady: *Here you go.*Student 3: *Thank you.****Student 3 sits down happy with friends.******\*\*\* All students are then invited to get a piece of pizza and go have group discussions outside\*\*\******Table coach: discussion questions** * How did Megan feel when her friends got pizza?
* Who can Megan ask for help when she needed it?
* Who helped Megan? What did they do to help Megan?
* What do you do to help your friends?
* When someone needs help do you sometimes not want to help?
* What ways can you help other people?

**Who remembers what Equity means? Equity-everyone gets what they need to be successful. Sometimes people need help in getting the things they need. Today we are talking about how offering others help can give people the things they need to be successful.** * What are some ways we can offer people help? *Have the students act out examples of offering help (helping an someone cross the street, translating, helping with homework...)*
* **When do you offer others help?** When you translate for your friends to your teachers, or you help your brothers and sisters with their homework, you are practicing equity.
* When has someone helped you?
* Should we force people to accept our offer?
* What can you do when no one is there to help you?
* Does anyone NEVER need help?
* What good things can come from helping other people? Are there any bad things that can happen?

Materials: pizza |

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| Homework – 20 min |
| Students will focus on working on their homework/worksheet for the day. ***We will have printed out some worksheets for the students to work on. They are categorized by grade level and subject.*****Coaches:** Give any help to students when asked. Help them work out any struggles they might have**Tutor tips:** * Don’t give the answer to the students - help them work it out together.
* For math, use visuals to help them see the problem clearer; Help them spot key words in word problems and how to solve it
* For literature/English, help them sound out difficult words; if they are struggling and do not know the word, give them synonyms and give them a push to right direct
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| Clean up – 5 *minutes* |
| **Instruct students to clean up by doing the following steps:**1. Pick up and throw away trash.
2. Put chairs where they belong
3. Sweep floor
4. Clean up WC supplies
5. Coaches stay behind for a debrief
* What was a high and low from today?
* Did you have any special moments with the students?
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